（模板）Coaching Log

**（请尽量详尽填写，以便于我们给你最有效的反馈）**

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| 客户姓名 |  |
| 日期 |  |
| 开始时间 |  |

**客户背景**

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**话题 & 问题**

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**教练过程（问答的互动过程）**

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**客户的收获或感悟**

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**议题最终的解决方案（简述）**

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**教练过程的学习与反思**

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**现阶段教练学习的困惑**

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